The Cape Coop

All Natural Dog Shampoo

Put **3 cups water** & **2 sprigs fresh rosemary** in a small pot. Bring to boil, then reduce heat & cover. Simmer for 10 minutes

Pour water into a glass jar, straining rosemary out

Add **1-3 teaspoons coconut oil** (use more for greasy fur, less for dry fur)

Add **1/2 cup shaved castille or basille soap**, or 5 tablespoons liquid castille soap

Add **4 drops lavender essential oil**

Stir until coconut oil & soap have dissolved

Let cool to room temperature (it will be liquidy)

Completely wet dog

Pour some dog shampoo along your dog's back, rub vigorously to work up a good lather, massaging it into all their fur.

Rinse clean

For a spa like finish, dilute 2-3 drops lavender, roman chamomile or peppermint essential oil in 1 teaspoon Extra Virgin Olive Oil. Rub into your palm & massage into your dog's paw pads. Rub more into your palm and give your pup a good rub down (careful near their eyes!)